

# The Covenant Commitment Declaration

Knowing Exactly What You Are Saying Yes To

## PURPOSE

*This is the most important document you will complete before your wedding. It ensures that when you stand at the altar, you are making your vow with full understanding, full honesty, and your whole self.*

## INSTRUCTIONS

Complete Parts 1 and 2 privately and independently. Come together for Parts 3 through 5. Take your time with every section. This deserves your most honest and thoughtful attention.

## PART 1 — WHAT I UNDERSTAND (Complete Independently)

**In my own words, the difference between a covenant and a contract is:**

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**What 'forsaking all others' means practically in my daily married life:**

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**What 'for better or for worse' will require of me in my worst seasons:**

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**What it means to love as a daily decision rather than a feeling:**

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## PART 2 — MY HONEST READINESS (Complete Independently)

On a scale of 1–10, how ready am I to make this covenant? \_\_\_\_\_

The primary reason for that score:

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Is there anything unresolved — personally, relationally, or spiritually — that needs to be addressed before I stand at the altar?

Yes

No

If yes:

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Am I choosing this person freely — without pressure, fear, or obligation?

Yes

No — explain: \_\_\_\_\_

The one thing I want my partner to know before we make this covenant:

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## PART 3 — MY PERSONAL VOWS (Complete Independently, Share Together)

Write your personal vows here — in your own words, from your own heart. These are not your official ceremony vows unless you choose them to be. They are your honest declaration of what you are choosing.

**I choose you because:**

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**I promise you:**

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**When it is hard, I will:**

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**What I am saying yes to is:**

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## PART 4 — OUR COVENANT AGREEMENTS (Complete Together)

Our marriage will be built on these three foundational values:

1.

2.

3.

The behaviors we are both committing to never bring into our marriage:

1.

2.

The spiritual disciplines we will practice together:

How we will protect our marriage in seasons of difficulty:

Who we will call when our marriage needs outside support:

## PART 5 — THE COVENANT DECLARATION (Read Aloud Together)

*"I am not entering this marriage with my fingers crossed. I am not standing at this altar hoping for the best. I am making a covenant — with full understanding of what that means, full acceptance of what it will cost, and full conviction that you are the person I am choosing. I am saying yes to your best days and your worst ones. Yes to the seasons of joy and the seasons of grief. Yes to growing old with you, being honest with you, and choosing you again every day for the rest of my life. I am not promising to be perfect. I am promising to be faithful — to God, to you, and to this covenant — for as long as I live."*

## PART 6 — THE FINAL COMMITMENT (Sign Together)

We have completed this premarital preparation with honesty, intentionality, and the full weight of what we are about to do. Confirm each statement below before signing.

- We have completed all eight modules of this premarital preparation course
- We have discussed our personal histories, wounds, and patterns honestly
- We have aligned our expectations, roles, finances, and family boundaries
- We have talked about physical intimacy with honesty and maturity
- We have sought wise counsel and addressed any concerns raised
- We are entering this covenant freely, joyfully, and with our whole selves
- We believe this marriage is God's will for our lives and we are ready

*"We are not going back. The marriage we are building is worth every honest conversation, every uncomfortable truth, and every expectation named rather than assumed. We have done the work. We are ready. And we are building this — together — for the rest of our lives."*

Partner A: \_\_\_\_\_

Date: \_\_\_\_\_

Partner B: \_\_\_\_\_

Date: \_\_\_\_\_

Witnessed by: \_\_\_\_\_

Date: \_\_\_\_\_