

MODULE 6 — TIME

The Proof She Watches For — Love Spelled T-I-M-E

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how consistently do I give my wife scheduled, protected, undivided time that communicates she is my priority?

My Rating	1	2	3	4	5	6	7	8	9	10
-----------	---	---	---	---	---	---	---	---	---	----

“Every time you choose her, you tell her she is not losing.”

“Half of you is not enough. All of you — even briefly — is everything.”

STEP 2 — HER VOICE (she answers in her own words)

When do you feel most connected to me? What does quality time look like to you specifically?

HIM	HER
<hr/>	<hr/>
<hr/>	<hr/>

STEP 3 — ACTION COMMITMENT (husband completes)

One block of protected, undivided time I will schedule for my wife this week:

STEP 4 — REFLECTION (honest, private, written)

What does my calendar say about my priorities? If my wife looked at how I spend my time, what conclusion would she draw?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____