

LLOYD D. ALLEN, MSc.

Marriage Educator • Therapist • Coach • Speaker

THE COMPLETE MARRIAGE COURSE OVERVIEW

9 Essential Courses for a Biblical, Thriving, and Lasting Marriage

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The Foundation ›
- 2 EXPECTATIONS**
The Alignment ›
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COURSE 1 OF 9

COMMUNICATION

The Foundation

WHAT THIS COURSE COVERS

Every other skill in marriage depends on this one. Communication is not just talking — it is being truly heard, deeply understood, and safely connected. Most couples talk past each other for years without realizing it. This course gives you the exact tools to listen before you speak, connect instead of just talk, express your needs with clarity, and navigate every difficult conversation with grace and confidence. You will learn to communicate in ways that build trust, deepen intimacy, and permanently change the atmosphere of your home.

TOPICS INCLUDED

- Listen Before You Speak
- Talking vs. Connecting
- Know Yourself First
- Understand Your Spouse
- Ask Better Questions
- Speak Truth in Love
- Communicate Your Needs
- The Silence That Speaks
- Under Pressure
- The Hard Conversation

COURSE 2 OF 9

EXPECTATIONS

The Alignment

WHAT THIS COURSE COVERS

Unmet expectations are the silent killer of marriages. Most couples never sit down to discuss what they actually expect — from roles and responsibilities, to intimacy and affection, to money and family. The result is chronic disappointment, resentment, and confusion. This course brings hidden expectations into the open, aligns you as a couple on what matters most, and replaces assumption with honest, specific, life-changing conversation. When expectations are aligned, conflict decreases and connection deepens.

TOPICS INCLUDED

- Identifying Hidden Expectations
- Financial Expectations
- Roles & Responsibilities
- Family & In-Law Expectations
- Intimacy Expectations
- When Expectations Collide

CONFLICT RESOLUTION

Managing Inevitable Friction

WHAT THIS COURSE COVERS

Every marriage has conflict. Healthy marriages handle it differently. Most couples either avoid conflict entirely — allowing resentment to build — or escalate it until real damage is done. This course teaches you to fight for your marriage, not against your spouse. You will learn to de-escalate before damage occurs, repair quickly after disagreements, forgive deeply, and rebuild stronger than before. Using the proven GRACE and BRIDGE frameworks, you will transform conflict from a recurring threat into an opportunity for deeper understanding and lasting connection between you and your spouse.

TOPICS INCLUDED

- GRACE Framework
- BRIDGE Method
- The Pause Protocol
- Repair After Conflict
- Forgiveness as a Practice
- Patterns That Destroy
- Building Safety

COURSE 4 OF 9

IN-LAWS

Protecting the Marriage

WHAT THIS COURSE COVERS

Leave and cleave is a command, not a suggestion. Yet most couples never fully execute it — and their marriages pay the price. Intrusive in-laws, financial manipulation, loyalty conflicts, and cultural expectations quietly erode the foundation of the home. This course teaches you to honor your family of origin while fiercely protecting the marriage God has given you. You will learn to set boundaries without guilt, navigate manipulation with wisdom, protect your spouse from family interference, and build a home that is completely yours — where your marriage comes first, always.

TOPICS INCLUDED

- Leave & Cleave
- Financial Boundaries
- Rule of Source
- Relatives Moving In
- Protecting Your Spouse
- Resolving In-Law Conflict
- Mother-in-Law Dynamics

HIS NEEDS

Understanding What He Requires

WHAT THIS COURSE COVERS

A husband whose core needs are consistently unmet will eventually disconnect — emotionally, physically, and spiritually. Most wives genuinely want to meet their husband's needs but were never taught what those needs actually are. This course gives wives a clear, compassionate, and thoroughly biblical understanding of what drives a man — respect, sexual fulfillment, companionship, admiration, and domestic support. You will understand why he withdraws, what restores him, and how consistently meeting these needs transforms not just your husband but the entire culture of your marriage.

TOPICS INCLUDED

- Respect
- Sexual Fulfillment
- Companionship
- Admiration
- Domestic Support
- Why He Disconnects
- How to Reconnect

HER NEEDS

Understanding What She Requires

WHAT THIS COURSE COVERS

A wife whose core needs go unmet will grow cold, resentful, and emotionally distant — often without her husband understanding why. Most husbands want to love their wives well but were never given a clear, practical roadmap. This course gives husbands a compassionate and thoroughly biblical understanding of what a woman truly needs — affection, meaningful conversation, honesty and openness, financial security, and family commitment. You will understand why she withdraws, what restores her heart, and how meeting these needs consistently creates the marriage God designed.

TOPICS INCLUDED

- Affection
- Family Commitment
- Conversation
- Why She Withdraws
- Honesty & Openness
- How to Restore Her Heart
- Financial Security

MONEY

Mastering the Art of Money Management in Marriage

WHAT THIS COURSE COVERS

Money is the #1 cause of divorce — not because couples don't have enough, but because they never learned to manage it together. Financial secrets, power struggles, unspoken resentments, and competing priorities quietly destroy marriages that could have thrived. This course replaces financial conflict with biblical stewardship, practical systems, and genuine unity. From budgeting and debt elimination to generational wealth building and estate planning — you will learn to master money as a team, build a lasting legacy, and honor God with every financial decision your marriage makes.

TOPICS INCLUDED

- Biblical Stewardship
- Roles & Power Dynamics
- Joint Accounts
- Zero-Based Budgeting
- Extended Family Boundaries
- Generational Wealth
- Estate Planning
- Debt Elimination
- Crisis Management

INTIMACY

Building Emotional Connection

WHAT THIS COURSE COVERS

Emotional intimacy is the invisible thread that holds everything else together. Without it, couples live as roommates — functional on the outside, disconnected on the inside. Conflict, busyness, past wounds, and unmet needs quietly erode the closeness that marriage was designed to produce. This course teaches couples how to rebuild emotional safety, practice genuine vulnerability, listen at a level that heals, and create daily rhythms of connection that sustain the marriage through every season. When emotional intimacy is strong, everything else — conflict, sexuality, and communication — becomes dramatically easier.

TOPICS INCLUDED

- Emotional Safety
- Rebuilding After Distance
- Vulnerability
- Spiritual Intimacy
- Deep Listening
- Friendship in Marriage
- Daily Connection Practices

SEXUALITY

The Physical Culmination of the Journey

WHAT THIS COURSE COVERS

Sexual intimacy is God's design — sacred, powerful, and transformational. Yet it is the area most couples struggle with most and discuss least. Shame, past wounds, mismatched desire, cultural distortion, and poor communication leave most marriages far below what God intended. This course addresses what most churches will not: biblical sexuality, healing from sexual wounds and shame, navigating frequency and desire differences, building genuine sexual communication, and creating a thriving physical relationship that honors God and deeply satisfies both husband and wife.

TOPICS INCLUDED

- Biblical View of Sex
- Sexual Communication
- Healing Sexual Wounds
- Intimacy After Betrayal
- Frequency & Desire
- Building a Sacred Sexual Culture
- Shame & Vulnerability