

COURSE 4 — PARENTING

RAISING STRONG CHILDREN: PARENTING THAT ACTUALLY WORKS

Final Summary & Video Script Guide

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7 Modules | Each Module on Its Own Page

MODULE 1 — PARENTING BY DESIGN

Most Parents Are Reacting to Their Children Instead of Leading Them

FINAL SUMMARY — FS

Parenting by accident produces results you did not choose. Parenting by design produces the home — and the children — you actually intended to build.

1: Build Your Parenting Philosophy Before the Crisis Builds It for You

2: Create the Home Culture Your Children Need to Thrive

3: Root Your Parenting in the Design God Had for Your Family Before They Were Born

Final word: You are not just managing behavior. You are shaping a human being. Parent on purpose.

VIDEO SCRIPT — VS

Build Your Parenting Philosophy Before the Crisis Builds It for You

Most parents discover their philosophy in the middle of a meltdown — the worst possible time to form one. Decide now what you believe about discipline, connection, and values. A parenting philosophy is not a rigid rulebook — it is a compass that guides every hard decision before the pressure arrives.

Create the Home Culture Your Children Need to Thrive

Research confirms that children raised with high warmth and high structure consistently outperform peers emotionally and socially. Your home has a culture whether you designed it or not. Decide what your family stands for. Then build everything around those decisions deliberately.

Root Your Parenting in the Design God Had for Your Family

Psalm 127:3 declares children are a heritage from the Lord — not a project to manage but a gift to steward. Deuteronomy 6:6-7 instructs parents to impress God's commands in every ordinary moment. Align your parenting with His design and you will raise children who carry something eternal.

Final word: You are not just managing behavior. You are shaping a human being. Parent on purpose.

MODULE 2 — KNOW YOUR CHILD

Every Child Is Different — And Your Parenting Must Be Too

FINAL SUMMARY — FS

The strategy that works for one child can completely fail the next. Knowing your child is the foundation of every effective parenting decision you will ever make.

1: Study Your Child's Temperament So You Can Lead Them Instead of Fight Them

2: Speak the Love Language That Actually Reaches Your Child's Heart

3: See Your Child the Way God Saw Them Before They Were Ever Born

Final word: You cannot raise a child well that you have not taken the time to truly know.

VIDEO SCRIPT — VS

Study Your Child's Temperament So You Can Lead Them Instead of Fight Them

Every child arrives wired differently — shaped by a unique temperament that determines how they respond to discipline, stress, and connection. Research by Chess and Thomas identified nine temperament traits that govern how a child engages the world. When you understand your child's wiring you stop fighting their nature and start leading it effectively.

Speak the Love Language That Actually Reaches Your Child's Heart

Chapman's research on love languages applies as powerfully to children as to spouses. A child whose love language is physical touch will not feel deeply loved through words alone. Identify your child's primary love language and deliver it daily — it makes discipline more effective and connection more natural.

See Your Child the Way God Saw Them Before They Were Born

Psalms 139:13-14 declares your child was knit together by God — fearfully and wonderfully made with purpose. Your child is not an accident — they are a divine assignment. Parent from that perspective and every difficult season becomes an opportunity to develop what God already placed inside them.

Final word: You cannot raise a child well that you have not taken the time to truly know.

MODULE 3 — DISCIPLINE THAT ACTUALLY WORKS

The Goal of Discipline Is Never Compliance — It Is Conscience

FINAL SUMMARY — FS

Any approach that only produces outward obedience has failed. The discipline that works builds an internal standard your child carries long after they leave your home.

1: Replace Reactive Punishment With Intentional Discipline That Builds Character

2: Set the Boundaries That Give Your Child the Safety Their Brain Is Wiring For

3: Discipline the Way God Disciplines — With Authority, Consistency, and Redemptive Love

Final word: Raise a child who obeys because they understand — not just because they fear.

VIDEO SCRIPT — VS

Replace Reactive Punishment With Intentional Discipline That Builds Character

Reactive punishment responds to the behavior. Intentional discipline addresses the heart behind it. When a child misbehaves the behavior is the signal — not the real issue. Before you respond ask: What is this communicating? Then discipline in a way that addresses the root. Punishment stops a behavior temporarily. Discipline builds a person permanently.

Set the Boundaries That Give Your Child the Safety Their Brain Is Wiring For

The developing brain neurologically seeks safety through predictable boundaries. Research confirms children raised with clear loving limits show lower cortisol, stronger emotional regulation, and healthier attachment. Boundaries are not restrictions — they are the container within which your child feels safe enough to grow.

Discipline the Way God Disciplines — With Authority, Consistency, and Redemptive Love

Hebrews 12:10-11 describes God's discipline as purposeful — designed to produce a harvest of righteousness. God disciplines from love not anger, from purpose not frustration. Discipline with authority — mean what you say. With consistency — hold the standard. With love — let correction and relationship never be in conflict.

Final word: Raise a child who obeys because they understand — not just because they fear.

MODULE 4 — EMOTIONALLY INTELLIGENT CHILDREN

A Child Who Cannot Name What They Feel Will Act It Out Instead

FINAL SUMMARY — FS

Emotional intelligence is not a personality trait — it is a skill. It must be deliberately taught, modeled, and practiced inside the home.

1: Teach Your Child to Identify and Name Their Emotions Before the Emotions Control Them

2: Build the Resilience That Carries Your Child Through Every Season of Life

3: Model the Emotional Wholeness God Is Producing in You So Your Child Can Follow

Final word: The most emotionally intelligent person in your home sets the ceiling for everyone else. Make sure that person is you.

VIDEO SCRIPT — VS

Teach Your Child to Identify and Name Their Emotions Before the Emotions Control Them

Gottman's research identifies emotion coaching — helping children name and process feelings — as a significant predictor of academic success and social competence. Build your child's emotional vocabulary deliberately. Name what you observe: You look frustrated. Are you feeling left out? When a child can name an emotion they gain power over it. When they cannot the emotion gains power over them.

Build the Resilience That Carries Your Child Through Every Season of Life

Resilience is built through age-appropriate struggle and supported recovery. Parents who protect children from every difficulty raise fragile ones. Let your child struggle with what they can handle. Be present for the recovery. Every hard moment navigated with your support builds the neural architecture that carries them through harder ones alone.

Model the Emotional Wholeness God Is Producing in You So Your Child Can Follow

Galatians 5:22-23 describes the fruit of the Spirit — the emotional profile of a Spirit-led person. Your child learns emotional intelligence primarily from what they observe. When you regulate under pressure, repair quickly after failure, and model genuine self-control — you give your child a living curriculum no book can replace.

Final word: The most emotionally intelligent person in your home sets the ceiling for everyone else. Make sure that person is you.

MODULE 5 — HOW COUPLES PARENT TOGETHER

A Divided Home Cannot Raise a Unified Child

FINAL SUMMARY — FS

When parents are split on discipline and values children do not become neutral. They become confused, insecure, and manipulative. Unity in parenting is not a luxury — it is a requirement.

- 1: Build the Parenting Agreement That Ends the Division Your Children Are Exploiting
- 2: Present the United Front That Gives Your Children the Safety They Need
- 3: Parent Together the Way God Designed Two Covenant Partners to Lead One Home

Final word: Your marriage is your child's first classroom. Teach them well.

VIDEO SCRIPT — VS

Build the Parenting Agreement That Ends the Division Your Children Are Exploiting

Children know within minutes which parent will back down and exactly how to play one against the other. The solution is not a stricter parent — it is a unified one. Build a parenting agreement: aligned on discipline, household expectations, and how you handle disagreements — privately, never in front of the children.

Present the United Front That Gives Your Children the Safety They Need

Gottman's research identifies parental conflict around parenting decisions as one of the most significant sources of childhood anxiety. When both parents enforce the same standard consistently the child's nervous system settles. That settled child is easier to discipline, easier to connect with, and far more receptive to your values.

Parent Together the Way God Designed Two Covenant Partners to Lead One Home

Deuteronomy 6:6-7 addresses parents — plural — instructing them together to impress God's commands in every moment of daily life. When both parents are anchored in the same biblical values and pursuing the same vision for their children the home becomes what God designed — a place where the next generation is intentionally formed.

Final word: Your marriage is your child's first classroom. Teach them well.

MODULE 6 — SCREENS, CULTURE AND THEIR MIND

The World Has a Parenting Plan for Your Child — And It Is Working

FINAL SUMMARY — FS

Every screen, platform, and cultural message is competing for your child's mind, values, and identity. Passive parenting will lose this battle every single time.

1: Reclaim Authority Over What Enters Your Child's Mind Before the Culture Does It for You

2: Build the Media Framework That Protects Without Producing Rebellion

3: Raise a Child Whose Identity Is Anchored in God's Word — Not the World's Algorithm

Final word: You are not fighting for screen time. You are fighting for your child's soul. Fight like it.

VIDEO SCRIPT — VS

Reclaim Authority Over What Enters Your Child's Mind Before the Culture Does It for You

The average child consumes over seven hours of screen content daily — more than school, more than conversation with you. That content is not neutral. It carries values and identity messages absorbed in real time. Reclaim authority over your child's media diet with the same intentionality you bring to every other area of their development.

Build the Media Framework That Protects Without Producing Rebellion

The goal is not to eliminate screens — it is to govern them. Research shows outright prohibition produces secret use. Build a clear framework: define what is allowed and why, establish screen-free zones, and keep the conversation ongoing. Dialogue protects better than restriction alone.

Raise a Child Whose Identity Is Anchored in God's Word — Not the World's Algorithm

Romans 12:2 commands transformation through a renewed mind. Fill your home with Scripture, worship, and identity conversations rooted in biblical truth. A child anchored in God before the world defines them has something to return to when the pressure comes.

Final word: You are not fighting for screen time. You are fighting for your child's soul. Fight like it.

MODULE 7 — LEGACY PARENTING

The Greatest Thing You Will Ever Build Is a Child Who Leaves Your Home Ready

FINAL SUMMARY — FS

Ready spiritually. Ready emotionally. Ready practically. Legacy parenting is not about raising a good kid — it is about releasing a complete person into the world.

1: Parent Today With the Adult Your Child Will Become Always in View

2: Build the Spiritual Foundation That Holds When You Are No Longer in the Room

3: Leave Your Child the Legacy That Points Them Back to God Long After You Are Gone

Final word: The goal was never to raise a child who needs you. It was always to raise one who is ready without you.

VIDEO SCRIPT — VS

Parent Today With the Adult Your Child Will Become Always in View

Every parenting decision today is a deposit into the adult your child will be tomorrow. Legacy parents think in decades not days. They discipline with the adult in mind and build character not just compliance. Ask of every significant decision: Will this still matter when they are twenty-five?

Build the Spiritual Foundation That Holds When You Are No Longer in the Room

Proverbs 22:6 instructs: Train up a child in the way he should go. The Hebrew word for train means to dedicate and initiate. Family worship, prayer, Scripture, and honest conversations about faith are not religious additions — they are the infrastructure of a life that holds under pressure long after your child has left.

Leave Your Child the Legacy That Points Them Back to God Long After You Are Gone

Psalms 78:4-7 describes the purpose of generational faith — that the next generation would know God and set their hope in Him. Legacy is not what you leave in a will — it is what you leave inside them through a life lived faithfully in front of them.

Final word: The goal was never to raise a child who needs you. It was always to raise one who is ready without you.