

MODULE 02 — HEADSHIP
LEADING YOUR WIFE

Servant Leadership Is Not Weakness — It Is the Hardest Thing You Will Ever Do

TOOL 2 — Leading Your Wife Worksheet

PART 1 — KEY CONCEPT COMPREHENSION

This module teaches that a led wife follows willingly because her husband has proven — through consistent, sacrificial conduct — that he is worthy of her trust. Answer from what you actually read.

- 1 Peter 3:7 commands husbands to live with their wives according to knowledge. The module says you cannot lead someone you do not know. How well do you actually know your wife — what she carries, how she thinks, what she needs?

2. Servant leadership means asking not what do I need from her but what does she need from me. When was the last time you asked that question — and acted on the answer?

3. The module says a wife who does not feel emotionally safe will not follow her husband — she will manage him. Is your wife following you or managing you? What is the difference in your home?

4. Marcus listened for twenty minutes without offering solutions. Diane said: I feel like you actually see me. What does being seen mean to your wife? When did she last feel that from you?

PART 2 — SELF-ASSESSMENT

Rate yourself 1 (rarely true) to 5 (consistently true). This is not a guilt exercise — it is a growth map.

STATEMENT	1 – 5
I regularly pursue knowledge of my wife — how she thinks, what she carries, what she needs	<input type="text"/>
I ask what she needs from me more than I expect something from her	<input type="text"/>
My wife feels emotionally safe — she opens up rather than closes off around me	<input type="text"/>
I listen to my wife without defensiveness, contempt, or unsolicited solutions	<input type="text"/>
I accept my wife's influence and adjust my decisions based on her input	<input type="text"/>
My wife would say she follows me willingly — not out of obligation or exhaustion	<input type="text"/>

TOTAL SCORE: _____ / 30 24–30 = Strong foundation. 15–23 = Key areas need attention. Below 15 = Redesign starts today.

MODULE 02 — HEADSHIP
LEADING YOUR WIFE

Servant Leadership Is Not Weakness — It Is the Hardest Thing You Will Ever Do

PART 3 — CASE STUDY REFLECTION — MARCUS AND DIANE

Marcus came home one evening and found Diane sitting quietly at the kitchen table. He asked how her day was — genuinely, without checking his phone. She talked for twenty minutes. He listened without offering solutions. At the end she said — I feel like you actually see me. Marcus had not fixed anything. He had not made a single decision. But that evening he led his wife more effectively than he had in years — because she finally felt known.

5. What specific habit — phone, advice-giving, distraction, silence — most prevents your wife from feeling known by you? What will you do differently this week?

6. Gottman's research says a husband who accepts his wife's influence builds a more stable marriage. Name one area where you resist her input. What would accepting it look like?

PART 4 — SCRIPTURE RESPONSE

Both scriptures are cited directly in this module. Write one specific thing each requires of you.

1 Peter 3:7

"Husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers may not be hindered."

What this specifically requires of me:

Ephesians 5:25–29

"Husbands, love your wives, as Christ loved the church and gave himself up for her... In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself."

What this specifically requires of me:

PART 5 — COUPLES ALIGNMENT CHECK

Answer individually, then compare. Mark D (Disagree), P (Partial), A (Agree).

STATEMENT	HUSBAND	WIFE
My wife feels genuinely known — not managed — by me	<input type="checkbox"/>	<input type="checkbox"/>
My wife experiences my love as sacrificial, not conditional	<input type="checkbox"/>	<input type="checkbox"/>
My wife would say she feels emotionally safe expressing her real feelings to me	<input type="checkbox"/>	<input type="checkbox"/>
We have discussed what servant leadership looks like in our specific marriage	<input type="checkbox"/>	<input type="checkbox"/>
I accept her influence and she sees evidence of it in my decisions	<input type="checkbox"/>	<input type="checkbox"/>
My wife follows my leadership willingly — she would tell you the same	<input type="checkbox"/>	<input type="checkbox"/>

Where are your biggest gaps as a couple? What will you discuss this week?

MODULE 02 — HEADSHIP
LEADING YOUR WIFE

Servant Leadership Is Not Weakness — It Is the Hardest Thing You Will Ever Do

PART 6 — YOUR 30-DAY ACTION PLAN

Servant leadership is built in small, consistent acts — not grand gestures. Complete this before you move to Module 3. These are commitments, not goals.

ONE specific way I will pursue knowledge of my wife this week:

ONE habit I will stop that makes my wife feel managed rather than led:

How I will create emotional safety for my wife in our daily interactions:

The question I will ask my wife this week — and actually listen to the answer:

How I will know — in 30 days — that my wife feels more led and less alone:

SERVANT LEADERSHIP DECLARATION

I commit to leading my wife the way Scripture requires — with knowledge, sacrifice, and intentional pursuit of her flourishing. I will ask what she needs more than I demand what I want. I will make her emotional safety a leadership priority. My wife will know she is led — because she will feel known.

Husband Signature

Date