

MODULE 6 — RECREATIONAL COMPANIONSHIP

The Friend He Married

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how willing am I to enter my husband’s recreational world — his interests, hobbies, and ways of having fun?

My Rating:	1	2	3	4	5	6	7	8	9	10
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“Think of his recreational habits as a boy — that man is still in there.”

“Recreational companionship is covenant companionship in the ordinary moments of shared living.”

STEP 2 — HIS VOICE (he answers in his own words)

What do you wish we still did together? What hobby would you love me to share with you?

HIM	HER
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STEP 3 — ACTION COMMITMENT (wife completes)

One recreational activity in my husband’s world that I will join him in this week:

STEP 4 — REFLECTION (honest, private, written)

When did I stop entering his world recreationally? What has replaced that shared fun — and what has it cost our friendship?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____