

PROPER PARENTING MATTERS

PRE-COURSE ASSESSMENT

Where You Are Starting – Rate Each Statement Honestly Before the Course

Rate each statement:

1 = Not True

2 = Slightly True

3 = Somewhat True

4 = Mostly True

5 = Completely True

#	STATEMENT	1	2	3	4	5
1	I have a clear, intentional parenting philosophy that guides my daily decisions.					
2	I understand my child's unique temperament and how to reach them effectively.					
3	I discipline with a focus on developing character, not just controlling behavior.					
4	My child experiences me as emotionally regulated and calm during conflict.					
5	My spouse and I are unified in our parenting approach and present a consistent front.					
6	I am intentional about what my children watch, read, and consume online.					
7	My children know that I am preparing them to become independent, capable adults.					
8	I model the values and behaviors I want my children to develop.					
9	My children feel genuinely known and understood by me.					
10	I have addressed the generational patterns I want to break in my own parenting.					

MY STARTING SCORE:

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50

Date Completed: -----

Keep this score.

SCORING GUIDE — Where You Are Starting

SCORE	LEVEL	WHAT THIS MEANS FOR YOUR JOURNEY
10–20	Significant gaps exist.	This course was built for exactly where you are. Every module directly addresses what you need most.
21–30	Some foundations in place.	You have instincts — now you will have a framework. Expect the biggest growth in consistency and alignment.
31–40	Solid base, room to grow.	You are parenting with some intention. This course will sharpen your weak areas and fill the gaps.
41–50	Strong starting position.	You already practice much of this. Use this course to deepen, refine, and help your spouse align with you.

REFLECTION QUESTIONS

Answer each question honestly before beginning the course. These answers give you a clear picture of where you are starting from — and will make your growth visible when you complete the post-assessment.

1. Which area of your parenting do you feel most confident in right now? What is working well?
2. Which area of your parenting concerns you most? What keeps coming up as a struggle or source of conflict?
3. How aligned are you and your spouse in your parenting approach? Where do you disagree most?
4. What kind of parent did you receive growing up — and how has that shaped the parent you are today?
5. What is the one thing you most hope this course changes about how you parent? Be specific.

I am beginning this course with honesty about where I am — and a commitment to becoming a more intentional parent. I will do the work. I will apply the tools. My children will be different because I chose to grow. For support throughout this course visit lloydallen.org or MrMarriage.com.