

MODULE 3 — LEAVE AND CLEAVE

(Continued)

PART 2: APPLICATION PLAN — How Will You Apply These Principles?

5. What is the biggest challenge your spouse faces in achieving healthy 'leave and cleave'?

6. What ONE conversation will you have with your spouse about prioritizing your marriage?

7. What ONE boundary would help your spouse achieve healthier separation from their family?

MODULE 3 — LEAVE AND CLEAVE

(Continued)

PART 3: MY GROWTH COMMITMENT

Before I move to Module 4, I commit to:

- Have a calm conversation about healthy separation from parents
- Discuss how to prioritize our marriage as the primary relationship
- Identify ONE area where we need stronger boundaries
- Create an action plan for healthier separation
- Approach this topic with love and understanding

MY BIGGEST TAKEAWAY FROM MODULE 3:

(What is the most important principle about leaving and cleaving?)

MY ACTION PLAN FOR THIS WEEK:

(List 2-3 specific actions you will take to apply what you learned)

lloydallen.org • MrMarriage.com • Fixing Marriage Academy, Inc.