





# MODULE 6 — MOTHER-IN-LAW DYNAMICS

(Continued)

## PART 3: MY GROWTH COMMITMENT

**Before I move to Module 7, I commit to:**

- Have a calm conversation with my spouse about their mother
- Discuss how her role affects our marriage
- Set clear expectations with my mother-in-law
- Show respect while protecting our marriage
- Support my spouse in their relationship with their mother

## MY BIGGEST TAKEAWAY FROM MODULE 6:

*(What is the most important principle about mother-in-law dynamics?)*

## MY ACTION PLAN FOR THIS WEEK:

*(List 2-3 specific actions you will take to apply what you learned)*

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