

MODULE 8 — SEXUAL FULFILLMENT

The Need That Must Be Met

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how faithfully and generously do I meet my husband’s need for sexual intimacy — without using it as leverage or withholding it as punishment?

My Rating:	1	2	3	4	5	6	7	8	9	10
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“This need is strong and must be satisfied — else it sets the stage for an affair.”

“When a wife meets this need faithfully, she is protecting the covenant she made at the altar.”

STEP 2 — HIS VOICE (he answers in his own words)

How does my responsiveness — or lack of it — affect how you feel about yourself and our marriage?

HIM	HER

STEP 3 — ACTION COMMITMENT (wife completes)

One honest and practical commitment I will make this week regarding my husband’s need for sexual fulfillment:

STEP 4 — REFLECTION (honest, private, written)

Have I ever used sexual withholding as a weapon? What has that communicated to my husband and cost the covenant?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____