

MODULE 4 — RULE OF SOURCE

Learning & Application Worksheet

INSTRUCTIONS: Complete this worksheet after reviewing Module 4 content. Understand where expectations come from and create your own marriage culture. Be honest and specific in your responses.

PART 1: COMPREHENSION CHECK — How Well Have You Grasped the Principles?

1. Explain the 'Rule of Source' and how it helps you understand your spouse:
2. What were the core values in your spouse's family of origin?
3. What unspoken rules or expectations did your spouse learn growing up?
4. What patterns from your spouse's family do they want to **BREAK** in your marriage?

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(Continued)

PART 3: MY GROWTH COMMITMENT

Before I move to Module 5, I commit to:

- Have a conversation about family expectations and where they come from
- Identify patterns we want to break from our families
- Define the values and expectations we want to create together
- Show grace for patterns learned in our families of origin
- Commit to intentional change where needed

MY BIGGEST TAKEAWAY FROM MODULE 4:

(What is the most important principle about the Rule of Source?)

MY ACTION PLAN FOR THIS WEEK:

(List 2-3 specific actions you will take to apply what you learned)

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