

MODULE 6 — SPEAK TRUTH IN LOVE

Learning & Application Worksheet

INSTRUCTIONS: Complete this worksheet after reviewing Module 6 content. Learn to express difficult truths with love and respect. Be honest and specific.

PART 1: COMPREHENSION CHECK — How Well Have You Grasped the Principles?

1. What does 'speaking truth in love' mean in the context of marriage?
2. What truths do you struggle to speak to your spouse?
3. How do you typically deliver difficult messages—with love or harshness?
4. What fears prevent you from speaking honestly with your spouse?

MODULE 6 — SPEAK TRUTH IN LOVE (Continued)

PART 2: APPLICATION PLAN — How Will You Apply These Principles?

5. What is ONE truth you need to speak to your spouse with love?

6. How will you frame this truth to come from a place of love and care?

(Example: 'I care about you and our marriage, so I need to share something difficult')

7. What will you do to ensure your spouse feels loved even when receiving difficult feedback?

MODULE 6 — SPEAK TRUTH IN LOVE (Continued)

PART 3: MY GROWTH COMMITMENT

Before I move to Module 7, I commit to:

- Speak truth with kindness and respect
- Check my motives before speaking difficult truths
- Use 'I' statements instead of accusatory language
- Reassure my spouse of my love and commitment
- Invite dialogue instead of lecturing

MY BIGGEST TAKEAWAY FROM MODULE 6:

(What is the most important principle about speaking truth in love?)

MY ACTION PLAN FOR THIS WEEK:

(List 2-3 specific actions to speak truth with love)