

# PRE-COURSE ASSESSMENT

## *His Needs Course • Where Are You Starting From?*

Before beginning the His Needs Course, take a few quiet moments to honestly assess how well each of your husband's core needs is currently being met in your marriage. This is not a test to pass or fail — it is a starting point. The goal is simply to see clearly where you are right now, so you can measure real growth by the time you complete the course.

**SCALE: 1 = Rarely Met    3 = Sometimes Met    5 = Consistently Met**

### RATE EACH NEED

- |                                |                      |
|--------------------------------|----------------------|
| 1. Respect                     | Score (1-5)<br>_____ |
| 2. Affirmation                 | Score (1-5)<br>_____ |
| 3. Loyalty                     | Score (1-5)<br>_____ |
| 4. Transparency                | Score (1-5)<br>_____ |
| 5. Domestic Support            | Score (1-5)<br>_____ |
| 6. Recreational Companionship  | Score (1-5)<br>_____ |
| 7. A Positive Attitude         | Score (1-5)<br>_____ |
| 8. Sexual Fulfillment          | Score (1-5)<br>_____ |
| 9. An Attractive Spouse (PIES) | Score (1-5)<br>_____ |
| 10. A Good Listener            | Score (1-5)<br>_____ |

### REFLECTION

Looking at your scores, which one or two needs stand out as the most unmet right now? Write down what comes to mind before you begin Module 1.

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— Lloyd Allen | Marriage Educator, Family Coach, and Theologian