

MODULE 4 — TRANSPARENCY

The Truth He Needs to Navigate By

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how clearly and directly do I communicate with my husband — without hints, coded silence, or expecting him to read between the lines?

My Rating:	1	2	3	4	5	6	7	8	9	10
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“You must be obvious — men do not like hints.”

“What he cannot decode, he will eventually disengage from.”

STEP 2 — HIS VOICE (he answers in his own words)

Do you ever feel like you can't read me? Where do you wish I would just say it plainly?

HIM	HER
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STEP 3 — ACTION COMMITMENT (wife completes)

One thing I have been communicating indirectly that I will say plainly to my husband this week:

STEP 4 — REFLECTION (honest, private, written)

Where do I default to hints or silence instead of direct communication? What do I fear would happen if I just said it plainly?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____