

MODULE 5 — DOMESTIC SUPPORT

The Harbor He Returns To

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how consistently does my husband come home to peace, rest, and a refuge — rather than conflict, chaos, or demands?

My Rating:	1	2	3	4	5	6	7	8	9	10
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“Not a storm in the harbor of life — a harbor in the storm of life.”

“When a wife creates a home of peace, she is doing priestly work.”

STEP 2 — HIS VOICE (he answers in his own words)

What does coming home feel like for you? What would make home feel more like a refuge?

HIM	HER
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STEP 3 — ACTION COMMITMENT (wife completes)

One specific thing I will change this week to make home feel more like a harbor for my husband:

STEP 4 — REFLECTION (honest, private, written)

Is home a place my husband wants to return to, or a place he endures? What is one thing within my power to change?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____