

PROPER PARENTING MATTERS

POST-COURSE ASSESSMENT

Measuring Your Growth – Rate Each Statement After Completing the Course

Rate each statement:

1 = Not True

2 = Slightly True

3 = Somewhat True

4 = Mostly True

5 = Completely True

#	STATEMENT	1	2	3	4	5
1	I have a clear, intentional parenting philosophy that guides my daily decisions.					
2	I understand my child's unique temperament and how to reach them effectively.					
3	I discipline with a focus on developing character, not just controlling behavior.					
4	My child experiences me as emotionally regulated and calm during conflict.					
5	My spouse and I are unified in our parenting approach and present a consistent front.					
6	I am intentional about what my children watch, read, and consume online.					
7	My children know that I am preparing them to become independent, capable adults.					
8	I model the values and behaviors I want my children to develop.					
9	My children feel genuinely known and understood by me.					
10	I have addressed the generational patterns I want to break in my own parenting.					

MY POST SCORE:

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50

PRE-COURSE SCORE:

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50

TOTAL GROWTH:

+

SCORING GUIDE — What Your Score Means

SCORE	LEVEL	NEXT STEP
10–20	Significant work ahead.	Continue applying the course frameworks. Consider coaching support.
21–30	Noticeable progress.	Review your lowest-scoring modules. Recommit to consistent practice.
31–40	Strong transformation.	Your parenting is becoming intentional. Consider mentoring other parents.
41–50	Remarkable transformation.	You are parenting with intention and purpose. You are ready to lead others.

REFLECTION QUESTIONS

Answer each question honestly and specifically. What you write here becomes your parenting roadmap for the next season.

1. Compare your post-score to your pre-course score. How much have you grown? Where do you see the clearest evidence of change in your home?

2. Which three statements show the most improvement? What specific actions or shifts in thinking led to this growth?

3. Where do you still feel most challenged as a parent? What support, accountability, or resource would help you move forward?

4. Which principle or module from this course had the greatest impact on your home? How has it changed the way you parent day to day?

5. What specific commitment will you make in the next season of your parenting? Name it. Date it. Share it with your spouse or a trusted person.

You have done the work. Your children are different because you chose to grow. Intentional parenting is not a destination — it is a daily decision. You made it. Keep making it. For ongoing support visit lloydallen.org or MrMarriage.com.